



AUSTRALIAN FIRE & FIRST AID

PERFORM CPR—CARDIOPULMONARY RESUSCITATION

DESCRIPTION

This unit of competency describes the skills and knowledge required to perform Cardiopulmonary Resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines

PREREQUISITES

Students must be at least 14 years of age and have adequate numeracy and literacy skills to complete assessment.

DURATION

The course is delivered in approximately 2.5 hours depending on class size. Larger classes may take longer.

ASSESSMENT METHOD

Ongoing practical assessment throughout course, oral questions and written questions.

COURSE CONTENT

This course provides the skills and knowledge to be able to handle cardiac emergency situations. It includes:

- + Introduction to first aid principles
- + Assessing a cardiac emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques
- + Performing chest compressions
- + Administering rescue breaths

COURSE CODE

HLTAID001

AWARD

Nationally Recognised Statement of Attainment

TRAINING | SAFETY SERVICES | AUDITING

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